President’s Message

Al Hekma has paved the way for you throughout your school journey. Your school trusts you to go on with your life having the positive attitude supported with the knowledge you acquired. We wish you the best in every step you take with persistence, determination, self-preparation, faith, and confidence to face your upcoming life. Always remember to be fair and gentle dealing with people and remember to utilize the technological skills you gained all the way from KG to High School in order to excel and always be on top.

Al Hekma aims to create life-long learners. Hand in hand, we take you to the highest level of education. We encourage you to seek education as it is your way to excellence and be a good example for others in terms of respect and morality. Focus on hard work, improve your skills, and keep away from bad habits and waste of time. Don’t spare an effort in making the most of your time. May God’s blessings be upon you!

Dr. Mona Rashid Al-Zayani
President
“Try not to become a man of success, but rather try to become a man of value”

Albert Einstein
Alumni Newsletter - Issue 1

ALUMNI 1995-1996

MANAF KHALID AL-ANNI
General Manager of Berlitz Language Institute
Wentworth Institute of Technology - Operational Management

Al Hekma played a major role in my life. It helped me get ready for my university and my career path. I was provided with the highest quality of education throughout my years at Al Hekma. My Teachers were my second family and showed great support and direction and always have been there for me. I can’t find enough words to describe my love to AHIS; it is indeed a wonderful educational center filled with love and aspiration.

ALUMNI 1997-1998

ALUMNI 2002-2003

ADNAN AL-MAJID
Purchase Manager - K-Link Bahrain

NYIT - BAHRAIN - Bachelor of International Business

Al-Hekma International School had a great environment for students and I had a very positive experience. I took part in Model United Nations and it helped me learn about world issues and broadened my world perspective. The school was very family-oriented; students were close to the teachers and there was a very strong student-teacher relationship. The quality of education was great and it prepared me for university.

ABDULLA AL-JABER
Specialist in supporting Small & Medium Enterprises (SMs), Bahrain Development Bank

University of Huston, Texas - USA - Bachelor of International Business

I really liked my school and the atmosphere. I felt like I belong to a family. My classmates were like brothers and sisters to me. It was more like home. Teachers and staff were kind and cooperative and I had no problems communicating with anyone if I had any concern. I was the President of the Student Council and had strong relations with all faculty and staff.

I was actively involved in AHIS activities which helped me in my career and gave me more self confidence to start studying abroad in USA. School’s activities also helped me improve my English language and communication skills which were the main reasons of my success in acquiring my degree.

Teachers were special and supportive. They used to motivate us all the time to do the best we could and never give up and that life is all ups and downs. Their support was really unlimited. I would like to thank all teachers and faculty in AHIS for helping me achieve the best.
AISHA KHALED
Dentist in Hamad Kanoo Health Center - Member of the Primary Dental Care Program
Ajman University (Al-Fujairah)
- PhD in Dentistry
- Diploma in Fine Arts
I miss the old days at AHIS when I used to be called the doctor by teachers. I did my best and here I am a great dentist! I studied at Al Hekma for 2 years and they were the best in my lifetime. It was different than my previous school that I studied at. It was indeed a second home. Everyone made me work harder and harder till graduation.

There, I learned how to unleash my creativity as I used to come up with ideas and share them with teachers who were the best listeners ever.

AHIS instilled in me the sense of respect, belonging, and responsibility as I am a grown up young lady with high self esteem and good citizenship. Above all, I am a life-long learner!

I would like to thank all my teachers who were a main reason of shaping the person I am today and help me succeed in my life socially and academically!

YOUNIS ABDEEN
Account Manager – Media Links
University of Australia
- Bachelor of Marketing and Advertisement
I remember that when I was studying in my previous school I was more like a studying machine. I used to study and have exams only. However, when I entered AHIS I experienced something new which is the focus on personality and critical thinking. I am now a better person since AHIS developed my personality and the way I think. I became more responsible and self confident. I took part in many activities and my role was very important as I was the CEO of the Typhoon Motor Show which was known on the regional level. It was a big success!

AHIS gave me the chance to elaborate and create which made me eligible to be in my position in one of the big advertisement companies in Bahrain. I am still keeping few memories from AHIS on my desk like old mugs and pictures. I am so grateful to Al Hekma and will always belong to it!
EYAD REYAD
Operations Manager - Cablinx

University of Bahrain
- Diploma of Business Information Systems
AMA University
- Diploma of Business Informatics

I witnessed a great harmony at AHIS between students and teachers and that was one of the reasons that made AHIS so special. Teachers gave all students an equal opportunity to learn without discrimination. I still remember Mr. Ismaeel the head of Religion Department who was loved by all students in school, Mr. Talal, Ms. Amany, Mr. Faleh, and Ms. Sawsan all made Al Hekma special and unique. School atmosphere really made us enjoy each moment we spent in it. I used to feel very motivated to go to school. AHIS plan was to build motivated learners and to help them get ready for life.

I still remember my old days at AHIS especially having breakfast under the stairs. I also remember the graduation party where everything was perfectly planned. I'm considering the idea of registering my children in Al Hekma in future to give them the opportunity to learn the way I've learned. Special Thanks to Dr. Mona Al-Zayani as she welcomed us with an open heart; gave us support, and helped us to be on the right track. Also Ms. Sawsan who was more like a mother and a friend who encouraged us to take part of every single activity held by the school.

Unforgettable Days!

MAJED AL-MAJED
Marketing Manager - K-Link Bahrain

Switzerland Management Center
- PhD in Business Administration
NYIT - USA
- Master in Business Administration

I started my career with Bahrain Institute of Banking and Finance (BIBF). I joined with other 600 people and they only choose 8 and luckily, I was among them. After courses of training they distributed work and I started with Bahraini and Saudi Bank in Treasury, then moved to Dubai and started working at Accounts Association. I came back to Bahrain and started working at City Bank in Worth Management, Relationship Management, and banking Investment.

AHIS was one of the best schools I had in my life for many reasons such as the friendly relationship we had with our teachers and the way we used to get educated with motivation. I can't forget any moment I spent there. I still remember working on our green Yearbook, and choosing subjects for it. I also remember all of my teachers who dedicated their lives to help us learn and made sure that we are on the right track. We wouldn't have succeeded if it wasn't for their help and guidance. Special thanks to all of them especially to Ms. Sawsan and Dr. Mona Al-Zayani for their never-ending support.
**Hoorya Sami Khairi**  
Administrator at University in Bahrain  
*Arab Open University*  
*Bachelor of Business Management*

I had a problem moving from my previous school to AHIS since I didn’t want to leave my friends there. Once I entered the school and had a meeting with Dr. Mona, I became motivated more and more for learning. Her words were just inspirational! During my time at AHIS I developed my English skills that I had so many problems with. I received a high quality of education in the 3 years I spent there, during which I gained more self confidence. This wouldn’t have been possible if it wasn’t for the teacher who stood by me till graduation.

Activities at AHIS also played a major role in strengthening my personality and shaping my presentation skills. I took part in many activities that were designed for such purposes. I am grateful for the people who came up and organized those events for us. Now, after years of graduation, I still remember each moment I had inside campus and I’d like to thank all staff and faculty for making each of these moments unforgettable!

**Rakan Shehab**  
Manager Director - Webcentric Advertising  
*Bahrain Polytechnic*  
*Bachelor of Information Technology*

I am a student in the Bahrain Polytechnic University and I am Managing Partner at Webcentric Advertising Company. I learned a lot from Alhekma during my years as a student, I was a student in Al-Hekma International school from PS to Grade 12.

The teachers and staff were very helpful and very motivating to support me to reach my goals in the future. All activities at Alhekma such as the YLC which I was a chairperson at helped me be more interested to participate in the University Model United Nations as a chairperson also, they bolstered my personality and skills. Alhekma improved my language which is one of the reasons of my excellence in college since all professors are English native speakers, not to mention the English subjects and materials I am studying.

It was indeed a great experience!

**Salman Farooq**  
Coordinator in Bahrain Chamber of Dispute Resolution  
*Gulf University*  
*Bachelor of LAW*

My name is Salman Farooq, I graduated from AHIS in 2006, and I am currently working in the Bahrain Chamber for Dispute Resolution, I just wanted to say a few words about Alhekma, I remember loving every second at Alhekma and actually it is hard to sum them all up, I remember getting on the bus, standing in the line and waiting for my first class to begin.

Whether they were my friends, teachers, or staff member, they all helped me develop and become the character I am today, if I am to mention some points which make Alhekma special they would be the extracurricular activities we were given as they really helped us grow responsible, they were activities we had that many of my friends didn’t, I am glad that even something as simple as standing up in the class and making presentations really helped building my character and enhance my self-confidence.

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Manager Director - Webcentric Advertising  
*Bahrain Polytechnic*  
*Bachelor of Information Technology*

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**Rashid Meqdad**

Own Business - www.arabgamer.com

University of Alberta Canada
- Bachelor of Computer Graphics and Business

Al Hekma is more than a second home. Whenever I used to enter the gate I just get the feeling that I belong here. Staff and faculty were just amazing and they were those open minded and supportive people who made us more interested in learning. They really helped us to become what we are today as they showed us the right path. Whenever I needed anything I always find them more than happy to guide me. One of those people was Mr. Saeed who was like a father to all of us.

AHIS had a great impact on my knowledge. I have developed a lot in different subjects especially Physics. Whenever I had an exam in college I used to refer back to my school Physics books many times to remember all equations. In conclusion, I thank all my teachers and staff for being there for me showing me the right path from grade 3 up to grade12. I wouldn’t have been the person I am today if it wasn’t for you.

**Noor Abbas Al-Hulaibi**

Physiotherapist - Dr. Ghazi Sarhan Clinic

Al-Abia University
- Bachelor of Physical Therapy

I didn’t like my previous school and thought it was boring, but when I moved to AHIS I knew the difference. AHIS made me realize that school isn’t meant only for studying and getting educated, school can is our second home. At AHIS, I felt loved, cared about and I was surrounded by my family. I had a great experience and lots of memories. One of the things that made AHIS so special to me is the activities I got involved in. Such as MUN that allowed us to discuss international issue and find solutions.

At AHIS teachers dedicated all their time and efforts to us, they helped us become better people. I still remember each moment I spent there. I was in Yearbook Committee and Student Committee. AHIS provided us with American Diploma, TOFEL, and SAT which helped me enter the university easily and get exempted from 3 exams. It also provided me with all support I need even after graduation. I wish I can go back in time and go through all memories once more. I thank the school and staff for shaping me into what I am today.

AHIS had a great impact on my knowledge. I have developed a lot in different subjects especially Physics. Whenever I had an exam in college I used to refer back to my school Physics books many times to remember all equations. In conclusion, I thank all my teachers and staff for being there for me showing me the right path from grade 3 up to grade12. I wouldn’t have been the person I am today if it wasn’t for you.

**Mohammed Al-Dosseri**

Sales and Marketing Manager at Leisure Link Company

Bachelor of Business Management

AHIS is a unique school because of its chosen staff. I remember the hard working staff of Al Hekma and how they used to work as a team, they dedicated their lives and hearts to help students grow and succeed throughout life. In my career I have been moving from one sector to another, from finance and accounting to management and marketing. Thanks to AHIS, I have been able to overcome the hardships and challenges of these careers.

Al Hekma gave us a lot of support in education; it provided us with the best quality of it in an easy way with a touch of fun. AHIS has been always more than a second to home to me. Teachers were my family and their doors were open for everyone. I have learnt many valuable lessons at AHIS that helped me shape my personality to become the person I am today. I even kept my school uniform till now so I can remember my amazing memories at school. Finally, I would like to Thank Al Hekma and its entire staff for being there for me and giving me the opportunity to learn.
Dedicating Our Lives and Hearts to Building Confident and Motivated Life-long Learners
Class 2005

Ali Al-Hayki
Senior General Internal Auditor, Sale Co.

Ukraine University
- Diploma in International Law
- Bachelor of Management Information System
- Master in Accounting Chartered Financial Analyst (CFA)

My best regards to Dr. Mona Rashid Al-Zayani who was really honest with her vision of building confident and motivated live long learners. She is absolutely a role model to many of us as she dedicated her life for education and its development.

AHIS pushed me to get better and to do the best always. I remember that I've been taught by the best teachers ever. I still remember my favorite teacher Ms. Patty and how she made me love the school and her advice which is “Each day you must learn a new word”. I still remember that advice until this day. At Al Hekma, I had the opportunity to overcome my weaknesses in Arabic and develop my English communication skills. I still remember the school hallways and every corner of it. I remember every moment I spent there.
I'm currently working in Bana Gas as Administrator Officer and Contractor. I studied in AHIS from grade 5 till grade 12, and I have enjoyed every single moment I spent there. I'm still in touch with all of my previous teachers either by phone or via social networks and till now I go to them when I need advice and they are always available for help.

When we were at school teachers provided us with much help and support, even at the examination time teachers were always there for us inside and outside school. Teachers prepared us for the future and gave us the best education possible. I graduated from AHIS with a GPA of 93 with honor. I was among 400 other students to apply for in New York Information Technology university and they give us 10 minutes to speak about ourselves. We were accepted because of our strong personality and high self confidence thanks to AHIS.

Special thanks to all of AHIS teachers for giving us the best. We wouldn't be able to become what we are today if it wasn't for you!

Mahmoud Ali Radi
Middle East Aluminum Company
NYIT University
- Bachelor of General Management

I just graduated with a Business Management Degree and I am currently working with my Father in his private business. Al Hekma International School helped me in many different ways. It is a place where I spent most of my childhood and I have many special memorize in it. All of the students were my friends. The school provided qualified teachers to teach us, they were from different countries which introduced us to new cultures. Group work was a very important skill that I learned in Alhekma since it is important in college and workplace as well when working on projects and dealing with people.

One of the most important things I have also learned was speaking in public with confidence through participating in different activities and events held at school such as the Young Leaders Council (YLC) and Model United Nations (MUN). I thank everyone of my teachers and classmates who made my life at AHIS worthwhile.
Mayan Gaith
Public Relations at Finance Society

American University of Sharjah
– Bachelor of Public Relations
Al-Alhia University
– Masters in Public Relations

AHIS was and still an important part in my life.

I remember my time there from the beginning till the end. To teachers, we were more than just students; we were more like sons and daughters. This gave us the feeling that we study in a friendly environment which definitely provides us with the best education and cares about us. They were without a doubt the most amazing 3 years of my life. We were involved in many events and activities all year long. There was this collaboration between us and our teachers to prepare for and organize lots of amusing events. Unforgettable moments!

Having an American Diploma gave me the opportunity to study abroad as I had what is takes to do that. I wouldn’t have been able accomplish my goals if it wasn’t for my school that best educated me. Finally, I thank all teachers and staff of Al Hekma for all the wonderful times I spent there.

Salah Mohammed Shehab
Director of Financial and Human Resources, Southern Governorate

University of Bahrain
– Bachelor of Public Relation
Kingdom University
– Master in Business Management

There are no words that can describe AHIS perfectly. I still remember the atmosphere of the school as it was more like home. I still remember Dr. Mona Al-Zayani who dedicated her life for education and the faith she had in us as future leaders. Teachers and staff were very kind and I believe they were the right people in the right places.

I would like also to thank Ms. Sawsan for everything she has done for me and the support she provided us with. She was more like a mother to all of us. I am so glad to see AHIS staff asking me about my school years, this means that AHIS cares about its alumni even after many years of graduation. This after all definitely makes me proud of being an AHIS alumnus.

At Al Hekma, I learned how to develop myself and my communication skills especially in English; otherwise I wouldn’t be the same person I am today. I am still in contact with my friends from school and they are now successful individuals handling high positions in Bahrain thanks to Al Hekma. On behalf of my classmates I would like to express my gratitude to all AHIS staff that made our lives smoother by dedicating their time and efforts educating us. I know that it’s not an easy thing to do, that’s why I want to thank them deeply from my heart.
Dedicating Our Lives and Hearts to Building Confident and Motivated Life-long Learners

A.AZIZ MUBARAK AL-AZMI
Military - Ministry of Defense
Bahrain Military College

There are no words that can even describe Al-Hekma International School and my experience in it. I am giving my testimonial today at AHIS campus with my wife who has also graduated from AHIS as well, to register our son at the same school we have studied in because all the knowledge and education that we received here is worth to be transferred to our little child. I still remember the atmosphere of the school, it was more like home especially with Dr. Mona Al-Zayani who dedicated her life for education and who had the faith in us to be Bahrain's future leaders. All the teachers and staff were very kind and I believe they were the right people in the right place with an exceptional leader like Dr. Mona.

At AHIS, I learned how to develop myself and my communication skills; otherwise I wouldn't be the same person I am today. AHIS gave me all the needed motivation and skills that made me able to go and face all the challenges and be the person who I am today. I have also learned from all the teachers and staff at AHIS how to be loyal to my country, The Kingdom of Bahrain, and how this love and loyalty to thus small country is part of our faith in ourselves. I am still in contact with my friends from school and they are now successful individuals handling high positions in Bahrain.

TARIQ AL-KHATIB
Finance Student at Bahrain Institute of Banking and Finance (BIBF)

I am proud to be an AHIS graduate of 2012, and I would like to say that as a student I can relate to how other students react, they may felt restless and reach to the point where they can't wait to leave the school, but as you reach your final year, you will realize everything at the graduation ceremony.

Al Hekma is not just a school, it is a second home family we always felt everyone there supported and provided us with whatever we needed, and since I graduated after my first year at Al Hekma, I would like to say that I have never seen such a school filled with love and respect. It has a very excellent selection of qualified teachers and administrators dedicated their time and efforts to provide the highest quality of education for us.

I would like to thank each single staff member at Al Hekma, and special thanks to Mrs. Sawsan Mouawad and Mrs. Dawn Lee who were always there for me.

Thank you,
Talking about my experience in AHIS would seem like a never ending story. Of course none of what I'm about to say would have happened if it wasn't for my parents, I will always be grateful for everything they have done for me.

I have spent all my academic years in AHIS, 14 in total if you count Kindergarten so obviously I'll only be scratching the surface with this story. The activities held at the school kept an everlasting effect on me. A small example would be the YLC or MUN that used to be or maybe still is being held annually at the school. This event helped us improve our social skills and understand the issues the world is facing by different methods of solving certain situations. The Typhoon Car Show is another example that used to be held in school also. To a normal person it would seem like a normal car show but as a student it wasn't. The school and student effort that was put out in the months of planning and organizing has really paid off in the end, it was the spirit we had for such things.

Teachers weren't ordinary; they were more like role models with great attitude, knowledge, and way of delivering the message. The school's approach to learning tackled many aspects of learning. It helped me improve my critical thinking and self confidence. The immense respect I have for these teachers can't be measured as I am grateful for having the pleasure of learning all that I could from them. They got me to where I am now, and that is something that no amount of thanks can make up for. Because of them I am now following my dream and working for what I want. Me and my classmates felt like we all belong to one big family where everyone looked out for one another. We were united by the Student Council which gave us the opportunity to take part in the decision making process. To the best teachers and classmates, I thank you for the unforgettable memories!

"OBSTACLES ARE THOSE FRIGHTFUL THINGS YOU SEE WHEN YOU TAKE YOUR EYES OFF YOUR GOAL"

HENRY FORD
Ebrahim Al-Meer
Student at Queensland University of Technology and Finance in Australia

My years at Alhekma are unforgettable. I have entered the school as a student of KG1 and studied there until graduation. I was a hardworking student, nevertheless, I have also faced many problems and thank god I was able to overcome these problems with the help of my beloved teachers. They were always there to support, assist, and supervise my academic progress. They helped me become what I am today. They didn't only teach me, but I was also raised and inspired at school by their personalities and dedication. I would like to take this opportunity to thank all my teachers, especially Ms. Rabab and Mr. Saeed Al-Sobh who taught me not to give up and keep achieving. AHIS was definitely my second home and everyone was more like a family member to me.

Throughout my school years, I've taken part in school activities which were developed to enhance students and their learning. I had a huge part in the YLC program for 3 years. Moreover; I played the job role of the Assistant Accountant during the Typhoon Show which me and my classmates worked very hard to make it a big success. We felt like real businessmen!

At AHIS, I have developed in regards to my English language and communication skills. I am currently reaping the fruits of being a high school graduate with an American Diploma. My way of communication has become more clear and open with people like college mates and professors. I feel like I needed what I was given back at AHIS and everything has paid off. I would also like to thank my very best school friends since childhood, especially Yaqoub Al-Hamr. Thank you guys for the amazing old times we spent together at school!
AHMED ABDUL QASSIM
Training Instructor, Ebrahim Khalil Kanoo (TOYOTA)

University of Leeds UK
- Bachelor of Electronics and Telecommunications
AMA University
- Bachelor of Mechatronics

I still remember each moment I had at Al Hekma. I was transferred to it from another school and there I found the difference. AHIS helped me learn how to respect others, honor and look up to its teachers and principals. I had a great time studying and sometimes I wish for those old days to come back. I’ve recommended AHIS to all of my friends as it has the best staff and unique activities around the year. I cannot forget the joy of victory when I was the Captain of the Soccer team and won many medals representing AHIS.

AHIS gave me the power to feel confident about myself and encouraged me to do things I thought were impossible. I first heard about Model United Nation (MUN) in my previous school but I couldn’t be part of it until I joined AHIS where I took part in MUN and represented Pakistan. Having an American Diploma has given me the chance to achieve many goals in my life and actually helped getting admitted in one of the best prestigious universities in the UK. Special thanks to all staff and especially to Dr. Mona who helped us fulfill our dreams and be confident. I thank you from my heart!

KHALID AL-MOUSAWI
Finance Student at Bahrain Institute of Banking and Finance

I have been in Al-Hekma for 5 years from Grade 8 and graduated in 2012. Teachers are amazing and they deal with us like their little brothers and their doors were always open for us anytime in case we needed anything. I really like the way AHIS taught us. It made us love to study and enjoy each moment at school. We had a good number of school activities such as Sports Week, Clash Day, Religion Week, YLC, and BYE.

I represented AHIS in Tennis competitions throughout my time there. I wouldn’t be this good in tennis if it wasn’t for AHIS as it motivated me to do the best in sports and provided me with all I need to establish self motivation which was a main factor of my success in Tennis.

Special thanks to all teachers and staff for their unlimited support.